WELLNESS SPA SERVICES & BUSH MASSAGE

SIGNATURE MASSAGE

90 MIN | \$125.00

This massage combines the techniques of Swedish, Deep Tissue, and Holistic massages for a customized therapy session. Tailored pressure can range from light to deep, targeting tight muscles and joints, and providing a truly unique experience!

AROMATHERAPY MASSAGE (RELAXING MASSAGE)

60 MIN | \$80.00 - 90 MIN | \$120.00

Indulge in a nurturing aromatherapy massage with essential oils to maintain skin suppleness and relieve tension. Includes a therapeutic head massage focusing on cranial pressure points, resulting in deep relaxation, pain relief and improved mood.

CLASSIC MASSAGE (SWEDISH MASSAGE) 60

MIN | \$70.00 - 90 MIN | \$100.00

A gentle massage promotes relaxation by loosening tight muscles and releasing tension.

DEEP TISSUE MASSAGE

60 MIN | \$75.00 - 90 MIN | \$110.00

Target deep muscle layers with firm pressure and slow strokes to alleviate tension and promote muscle recovery.

HEAD AND SHOULDER MASSAGE

30 MIN | \$40.00

Release tension points in the scalp and neck to ease muscle spasms and knots. This improves circulation, stimulates brain function, and refreshes the mind.

HOLISTIC MASSAGE (RELAXING FULL BODY MASSAGE)

60 MIN | \$75.00

This gentle massage reduces physical and mental stress, ideal for massage beginners. It's your time to unwind and clear your mind.

STRESS RELIEVING MASSAGE (BACK MASSAGE) - 30 MIN | \$40.00

A half-hour back massage that focuses on muscles prone to stress. It tones back and legs, easing stiffness.

FRESH AND FEEL-GOOD MASSAGE

60 MIN | \$80.00 | 90 MIN | \$100.00

Enjoy a full body exfoliation with our homemade bluff body scrubs, to buff dead skin cells away. Leaving you feeling smooth and clean. Followed by a holistic massage, that focuses on muscles that are prone to stress.

BOOK YOUR SESSION THROUGH OUR RECEPTION, MANAGER OR GUEST RELATIONS OFFICER. OUR THERAPISTS WILL CREATE A PRIVATE SPA CORNER RIGHT IN THE SERENITY OF YOUR ROOM.

QUINTESSENTIAL BLUFF BODY SCRUBS

ANTIOXIDANT COFFEE & COCONUT SUGAR SCRUB - 30 MIN | \$40,00

Highly recommended, this exfoliating scrub has anti-inflammatory properties. It contains organic coffee, sugar, coconut oil, and vanilla extract.

INVIGORATING CITRUS SALT & SUGAR SCRUB - 30 MIN | \$40.00

This invigorating morning scrub contains Himalayan salt, brown sugar, olive oil, and citrus zest.



The scrubs are available in our shops